

CHILDREN'S DEPRESSION RATING SCALE-REVISED (CDRS-R)

1. Impaired Schoolwork (rate 1 to 6)

- 1 = Performance is consistent with ability
 - 6 = No motivation to perform
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2. Difficulty Having Fun (rate 1 to 7)

- 1 = Interest and activities realistically appropriate for age, personality, and social environment. No appreciable change from usual behavior during at least the past 2 weeks. Any feelings of boredom are seen as transient
 - 7 = Has no initiative to become involved in any activities. Describes himself/herself as primarily passive. Watches others play or watches TV but shows little interest. Shows no enthusiasm or real interest
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3. Social Withdrawal (rate 1 to 7)

- 1 = Enjoys friendships with peers at school and at home
 - 7 = Does not currently relate to other children. States that he/she has "no friends" or actively rejects new or former friends
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4. Sleep Disturbance (rate 1 to 5)

- 1 = No difficulty or occasional difficulty that is situationally explainable
 - 5 = Has difficulty with sleep nearly every night
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5. Appetite Disturbance (rate 1 to 5)

- 1 = No problems or changes in eating pattern
 - 5 = Avoids eating and/or is not hungry most of the time OR describes a noteworthy increase in appetite and/or excessive food intake
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6. Excessive Fatigue (rate 1 to 7)

- 1 = No unusual complaints of "feeling tired" during the day
 - 7 = Complains of feeling tired most of the day. May voluntarily take long naps without feeling refreshed. Degree of fatigue interferes with play activities
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7. Physical Complaints (rate 1 to 7)

- 1 = Occasional complaints that do not appear to be excessive
 - 7 = Preoccupied with aches and pains. These regularly interfere with play activities
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8. Irritability (rate 1 to 6)

- 1 = Rarely irritable
- 6 = Constant experience of irritability. Nothing changes this mood

9. Excessive Guilt (rate 1 to 6)

- 1 = Does not express any undue feeling of guilt. Reported guilt appears appropriate to precipitating event
6 = Severe delusions of guilt
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10. Low Self-Esteem (rate 1 to 7)

- 1 = Describes himself/herself in primarily positive terms
7 = Refers to himself/herself in derogatory terms. Reports that other children frequently refer to him/her by using derogatory nicknames. Puts himself/herself down
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11. Depressed Feelings (rate 1 to 7)

- 1 = Occasional feelings of unhappiness that quickly disappear
7 = Feels unhappy all of the time; characterized by a sense of psychic pain (eg, "I can't stand it")
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12. Morbid Ideation (rate 1 to 7)

- 1 = No morbid thinking reported
7 = Preoccupied on a daily basis with death themes or morbid thought that are elaborate, extensive, or bizarre
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13. Suicidal Ideation (rate 1 to 7)

- 1 = Understands the word suicide, but does not apply the term to himself/herself
7 = Has made a suicide attempt within the last month or is actively suicidal
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14. Excessive Weeping (rate 1 to 6)

- 1 = Report appears normal for age
6 = Cries nearly every day
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15. Depressed Facial Affect (rate 1 to 7)

- 1 = Facial expression and voice animated during the interview. No sign of depressed affect
7 = Severe restriction of affect. Looks distinctly sad and withdrawn. Minimal verbal interaction throughout the interview. Cries or may appear tearful
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16. Listless Speech (rate 1 to 5)

- 1 = Quality of speech seems situationally sensitive without any noteworthy deviations
5 = Extreme sense of psychic distress exhibited in voice or by a profound sense of hollowness or emptiness. Has difficulty conducting the interview
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17. Hypoactivity (rate 1 to 6)

- 1 = Bodily movements are animated. (Note that hyperactive, agitated child is not distinguished here from what would be seen as normal nondistracting behavior; hyperactivity should be noted)
6 = Severe sense of motor retardation with catatonic-like qualities
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Total of all subscores = Raw summary score _____

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